

Is There a Higher Power?

The search for Truth beyond everything we see is a very important and constant part of who I am and what occupies my thoughts, my questions from a very young age. I tried to find answers in different churches and even went to an Edgar Cayce conference in Kingston, but none of the above was what I was looking for.

When I was about nine months old I almost died, I do remember the moment when I could make a choice whether to live or to let go. I stayed and when my parent came to check on me I slept for the first time in many days and I was told that I smiled waking up. When getting older this popped in my mind regularly and I came to conclude that there was something more than we can see.

Of course I could not formulate it then and I am still a work in progress. There were also other experiences that opened me up to questioning. I also always wondered what the energy was that started all growth in the spring and was always told that that was nature but what does that mean!!!! I always felt there must be something within nature. There must be an energy or something that activates that impulse.

I do believe in what I understand and I also believe that there is so much more to discover. There can only be one Truth and parts of this can be found in all the different great religions, but when partial understandings are given out as the full truth and final answer great conflict, harm and pain can be inflicted in and this we see all around us. There must be an Ultimate Source, from which everything evolves, this source is in many religions described as God, Allah etc. but by giving it a name is kind of blocking it in which seems unrealistic since we are told that it omnipresent, omnipotent and omniscient and therefore cannot be a he, she or a personal God that watches over us and judges us.

It must be more like space everywhere (some scientist are now exploring if the dark matter in space can be Consciousness!!, interesting concept). Since it is everywhere it must also be within each and every being, Jesus and many other Great Teachers told us “don’t you know that you are the temple of God”. This is important to ponder over.

I also believe that all humanity is in essence the same, we all come from the same Source and from that perspective there is universal unity which is not the same

as the little brotherhoods that are formed when associates of any specific groups join together.

Karma, Reincarnation and Evolution make total sense to me. We know that there are different intelligences or awareness's like the ones in plants and animals etc. and since we know that everything evolves we can assume that there are higher intelligences well beyond us.

Our minds work through our brain and have a dual function, one side is focused on the material side (outward) and the other to the intuitive (inward) side. That we are not our thoughts we can easily see We are at times absorbed by them but after a while we can observe them, change and learn from them, the same with our emotions etc. So what is that which observes within us?

When we come into this world through our parents and if there was only one life, where do the different personalities, insights and qualities come from. Some seem to be inherited but there are so many other ones that are hard to pin point. We hear about Indigo children, the ones that come into this world with great intellectual knowledge, music abilities or mathematics, talents, etc., that seem unexplainable. How can that be? If they come into existence only once?

There are colors we don't see, sounds or notes higher and lower that we don't hear and odors that we can't smell, all being of a higher or lower vibration than we can pick up. Can we say that they don't exist? Isn't it amazing what the imaging machines can show us about our health? The beautiful picture of the James Webb Telescope has me in awe, equipment that can detect all different sounds, all things that we through our physical instrument are not able to perceive. All these thing are now possible. The knowledge and also hopefully wisdom keeps evolving.

Buddha said don't just believe what I or other Teachers say but only do so if you understand it If it can be universally applied and makes sense to you, then you can accept it, live by it and use this as a stepping stone to gain more insights. After many years searching where to find answer I finally found what I was looking for in Theosophy. The writings of H.P. Blavatsky, W.Q. Judge and Mr. Crosbie are helping greatly, especially the Voice of the Silence and the Bhagavad Gita. They show me that the Higher Power is not outside of any one of us or any of the forms of Nature, but is within all of life.